



murdoch
Surgicentre

**WHAT TO BRING TO THE SURGICENTRE
ON THE DAY OF YOUR SURGERY**

100 Murdoch Drive, Murdoch WA 6150

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The Murdoch Surgicentre is a Smoke Free Environment.

PREAMBLE: The Murdoch Surgicentre is committed to creating a safe environment for patients and providing the highest standard of quality care. We strive to ensure that all legislative requirements are complied to and pertinent guidelines and/or standards are met in all areas.

YOUR RIGHTS AS A PATIENT OF MURDOCH SURGICENTRE

- To be treated as an individual with dignity and respect and cared for with excellence and professional competence
- To participate and be engaged in all health care treatment options and plans, so an informed decision can be made on your own care or that of the person you are caring for
- To be able to access information relating to your care
- To be identified and addressed by your name and title for identification and told the names of all the people caring directly for you
- To have all your personal and medical details maintained with confidentiality
- To consent to, or to refuse treatment or a visitor
- To be provided with written discharge information that is understood and meaningful
- To be provided with a verbal handover and follow-up to assist in post-operative care of yourself or the person you are caring for
- To be aware of hospital related costs involved in your treatment

OUR NEEDS

- To enhance our capacity to care for you we need your honesty about your medical, surgical and social history, which also includes current medications, allergies, falls and skin tear risks
- Compliance with all medical instructions pre and post operatively, which are designed to aid in your care and recovery
- Observation of relevant hospital policies

WHAT TO BRING TO THE SURGICENTRE ON THE DAY OF YOUR SURGERY

- Health Insurance Details
- Pension, Pharmacy Concession Cards and Medicare Card
- List of Medications or medications if needed
- X-rays
- Pathology Results if ordered by the Surgeon or Anaesthetist
- Letter from Surgeon or Anaesthetist (*if you have one*)
- Enough cash / credit card for any excess payable on admission and/or discharge medications that you may require.
- Reading Material / iPod / iPad / Tablet
- Wear comfortable loose fitting clothes

WHAT YOU NEED TO DO PRIOR TO ARRIVAL

- Shower before coming to the Surgicentre.
- Remove all make-up, nail polish (including toes, clear polish, shellac, acrylic, etc.) and jewellery, (including body piercings).
- Leave all valuables and jewellery (including watch) and large amounts of money at home.
- Do not have anything to eat or drink after your fasting time, even chewing gum and water. If instructed take medications with a small amount of water only.
- Do not have any cigarettes for at least 12-24 hours prior to your surgery.
- Do not drink alcohol the evening before surgery.

If you require any further information, please contact our nursing staff during office hours on (08) 9438 9990.