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*The Murdoch Surgicentre is a Smoke Free Environment.*

**murdoch**  
*Surgicentre*

**WHAT TO BRING TO THE SURGICENTRE  
ON THE DAY OF YOUR SURGERY**

V:III

**PREAMBLE:** The Murdoch Surgicentre is committed to creating a safe environment for patients and providing the highest standard of quality care. We strive to ensure that all legislative requirements are complied to and pertinent guidelines and/or standards are met in all areas.

### **YOUR RIGHTS AS A PATIENT OF MURDOCH SURGICENTRE**

- Participate in your own care.
- To be treated with care, professional competence, consideration and dignity.
- To be told the names of all people caring directly for you.
- To be aware of all costs involved in your treatment.
- To have all your personal and medical details kept with full confidentiality.
- To consent to or to refuse, treatment or a visitor.

### **OUR NEEDS**

To Enhance Our Capacity to Care For You We Need Your:

- Honesty about your medical history.
- Compliance with all medical instructions pre and post operatively, which are designed to aid in your care and healing process.
- Observation of relevant hospital policies.

### **WHAT TO BRING TO THE SURGICENTRE ON THE DAY OF YOUR SURGERY**

- Health Insurance Details
- Pension, Pharmacy Concession Cards and Medicare Card
- List of Medications or medications if needed
- X-rays
- Pathology Results if ordered by the Surgeon or Anaesthetist
- Letter from Surgeon or Anaesthetist (*if you have one*)
- Enough cash / credit card for any excess payable on admission and/or discharge medications that you may require.
- Reading Material / iPod / iPad / Tablet
- Wear comfortable loose fitting clothes
- Warm socks

### **WHAT YOU NEED TO DO PRIOR TO ARRIVAL**

- Shower before coming to the Surgicentre.
- Remove all make-up, nail polish and jewellery, (including body piercings).
- Leave all valuables and jewellery (including watch) and large amounts of money at home.
- Do not have anything to eat or drink after your fasting time, even chewing gum. If instructed take medications with a small amount of water only.
- Do not have any cigarettes for at least 12-24 hours prior to your surgery.
- Do not drink alcohol the evening before surgery.

**If you require any further information, please contact our nursing staff during office hours on 08 9366 1336.**