

Light refreshments will be served shortly following your arrival in to second stage recovery. Please advise us prior to admission should you have special dietary requirements.

All patients will be assessed for potential risk of DVT postoperatively and appropriate education provided as necessary.

GOING HOME

When you are ready to leave the nurse will give you written postoperative instructions and explain these to you and your discharge carer. Discharge medications may need to be obtained by your carer prior to discharge. **It is essential as a day surgical patient that you have a carer to transport you home and stay with you for a minimum of 24 hours.** Please ask us about any concerns you may have before leaving. If you are from the country it is essential that you arrange to stay in the metropolitan area for at least twenty four (24) hours following your General/Regional Anaesthetic and discharge from the Murdoch Surgicentre. Due to limited space available, visitors are restricted to one per patient.

Overnight patients please be aware we do not have private room facilities and discharge



times will be within the licence conditions of 23 hours or less.

It is extremely important following any sedation for twenty four (24) hours that you do not:

- Drink alcohol
- Drive or operate machinery
- Make important decisions or sign important contracts
- Do anything which requires coordination or for you to be alert

CONTINUING THE CARE

Twenty four (24) hours or next business day post surgery one of the nurses of the Murdoch Surgicentre will telephone you at home to see how you are feeling and answer any questions or concerns you may have at the time. If you do not want to be called please advise us prior to your discharge.

FEES

The Murdoch Surgicentre offers a highly competitive fee structure for both insured and uninsured patients. Insured claims are submitted directly to the Health Funds on the patient's behalf.

An estimate is produced to advise patients of hospital fees and charges. The patient is liable for any additional charges including prosthesis not covered by the health fund and aids to recovery after prosthesis.

Uninsured patients are required to pay the full estimated fees prior to admission. Payment may be made either by cash, debit/credit card or cheque.

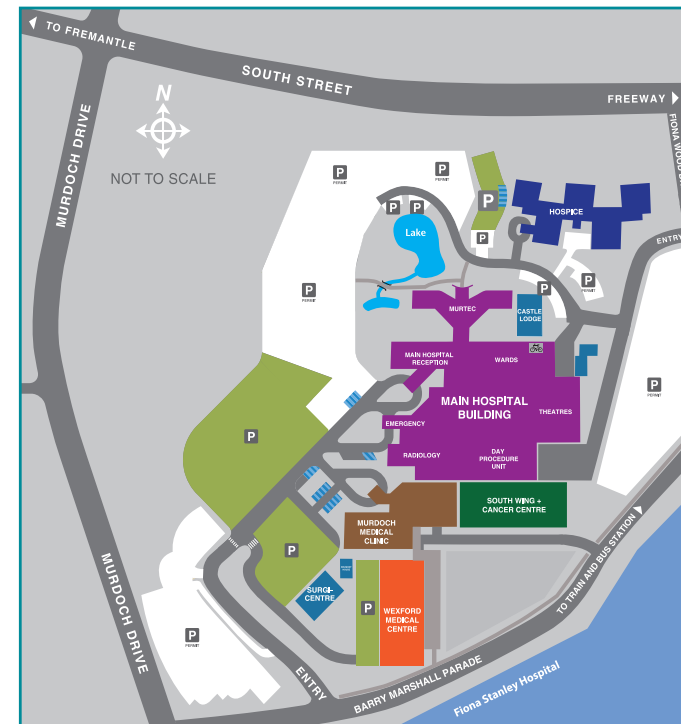
All Workers compensation and Motor vehicle insurance claims must be approved prior to admission. Failing approval your surgery may need

to be postponed.

Please note that your surgeon, anaesthetist and any diagnostic service fees will be billed separately to you following your operation.

A small account may occur for discharge medications this will need to be paid on discharge from the Murdoch Surgicentre.

Should you have any queries you will need to contact the Accounts Department at the Murdoch Surgicentre on (08) 9438 9990 during the hours of 9.00am to 4.00pm.



100 Murdoch Drive, Murdoch WA 6150
Telephone (08) 9438 9990 Facsimile (08) 9438 9991
Email surgicentre@sjog.org.au
www.murdochsurgicentre.com.au

The Murdoch Surgicentre is a Smoke Free Environment.



A Guide For Patients

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About the Murdoch Surgicentre



The Murdoch Surgicentre is a specialist Day Hospital purpose built to encompass the growing demand for day surgery.

It is a joint venture between the Surgeons of the Murdoch Orthopaedic Clinic and the St John of God Murdoch Hospital. Your Surgeon is proud to advise that he may have an interest in the medical and financial success of the Murdoch Surgicentre.

The Murdoch Surgicentre opened in January 2000 and gained a 23 hour licence in December 2006 for pre-booked overnight admissions.

LOCATION

Upon entering the grounds of St John of God Murdoch Hospital, take the 1st right turn and to your left is a single storey building which is the Murdoch Surgicentre. There are limited paid parking bays adjacent to the Surgicentre. There is an undercover patient pick up and set down area at the front entrance of Murdoch Surgicentre for limited standing time.

PREPARING FOR YOUR VISIT

It is essential that you return your completed consent/patient admission form to us as soon as possible prior to your admission, so that insurance details can be verified. Please contact the accounts department if you have any concerns about costs involved in your visit to the Murdoch Surgicentre.

This may be conducted in person or over the telephone.

Please ensure that you have available upon your interview

- Health fund/Workers compensation/Motor vehicle insurance details
- Medicare number
- Any pension or concession details
- Any letters from your doctors

We would like to conduct a pre-admission nursing interview either in person or over the telephone at least twenty four (24) hours prior to your admission. This is to gain a medical history and what is required of you pre and post operatively. Please note not all Surgeons request this.

At this interview you will be advised of your fasting and admission time to the Murdoch Surgicentre and approximate time of discharge. On the day of surgery please ensure your escort will be available to collect you at the anticipated discharge time.

Pre-admission telephone interviews are conducted daily Monday-Friday. If you have any concerns or queries please contact the Surgicentre during business hours.

Please ensure that you have available upon your pre admission nursing interview

- Medical & Surgical history
- List of current medications
- Allergies
- Contact name and numbers of your discharge carer (**This is essential following Sedation, General, Local or Regional Anaesthetic**)

FASTING

Unless otherwise instructed, do not eat or drink anything (including sweets, chewing gum, breath fresheners and water) for six hours prior to your admission. A normal meal and no alcohol is recommended for the evening prior to admission. Cease smoking at least twenty four (24) hours prior to your procedure.

Your surgeon may have arranged for you to be seen by an anaesthetist. If so, please make sure you are clear about any instructions relating to fasting, medications and smoking.

If arrangements have not been made to see your Anaesthetist prior to admission, he or she will see you on the day of your operation.

WHAT TO WEAR & BRING WITH YOU ON THE DAY

- **Do not wear make-up, jewellery or nail polish on fingers or toes including acrylic nails**
- Dress in loose comfortable clothing and shoes
- You may wish to bring your own reading material, ipod or ipad
- Relevant X-rays
- Relevant Pathology results
- List of current medications
- Any letters from the doctors
- Medicare Card
- Any changes to discharge carer details
- Overnight patients - please bring your toiletries, medication and any personal requirements

WHAT NOT TO BRING ON THE DAY

- Jewellery and any other valuables
- More cash than is absolutely necessary
- More belongings than those required for the day

WHEN YOU ARRIVE

Please present yourself to the reception located through the main entrance of the Murdoch Surgicentre. A receptionist will interview you to confirm all details are correct.

A nurse will then take you into one of our private interview rooms to complete your medical history, and record your weight, height, BMI and blood pressure.

You will then be shown to a change room and you will be instructed on how to change into a gown and robe.

You will be given a basket to secure your personal belongings until you are ready to change back into your own clothes. Small lockers are available for valuables.

Once changed you will be shown to a bed or a chair (depending on the type of surgery you are having).

Please note all our facilities are shared.

FOLLOWING YOUR DAY CASE PROCEDURE

Immediately following your operation, you will spend approximately 2-4 hours in our first and second stage recovery areas. This is so that your progress can be closely monitored and we can ensure that you are ready to go home.

If you have had a Local Anaesthetic this recovery period will be approximately 15 minutes.

